

**World Tang Soo Do Association
Region 5**

E Dan Study Guide

History

This dynasty united Korea's three kingdoms in 668 AD.

Where was the Koguryo Dynasty was located?

What year was the Paekche Dynasty founded?

When were the Hwa Rang Dan founded?

What is the name of the royal tomb with the ceiling mural that depicts two men practicing an early form of Tang Soo Do?

The name of the warlord who overthrew the Silla Dynasty

The name of the first complete martial arts book

The year the first complete martial arts book was written

The monk who originated the 5 codes

After the overthrow of the Silla Dynasty, what kingdom was formed?

How old is the Do Bahk?

What were the five codes of Tang Soo Do originally called?

What is the origination date of the Korean Soo Bahk Do Association?

What is the name of the two large statues that stand guard at a small Buddhist cavern?

When was the Shaolin Monastery built?

Where is the cradle of oriental martial arts?

What does Tang Soo Do mean?

What is the origin of Martial Arts?

What does Moo Duk Kwan mean?

Give examples of artifacts/historical representations that show examples of the martial arts in early civilizations.

Philosophy

What are the purposes of Tang Soo Do training?

What are the 5 virtues of Tang Soo Do?

What does Black Belt represent?

What are the 3 mottos of the World Tang Soo Do Association?

What philosopher is associated with the concept of “Do”?

What do the symbols on the Korean flag represent?

What do the symbols on the WTSDA insignia represent?

How are the belts defined described in the gup manual?

Who originated the 5 virtues of Tang Soo Do?

What are the 14 attitude requirements?

Grandmaster Shin and the WTSDA

Where was the location of Grandmaster Shin’s first school?

What countries were at the WTSDA charter convention?

When did Grandmaster Shin come to the United States?

What is the first organization that Grandmaster Shin created when he came to the US?

How old was Grandmaster Shin when he began training?

In what year was Grandmaster Shin born?

In what subject did Grandmaster Shin earn his Master’s degree?

Grandmaster Shin is the focus of an entire chapter in what book?

What is our region?

Know the who, where and when of the charter convention

In what year was Grandmaster Shin recruited into the Korean Air Force?

What was the final rank of Grand Master Shin?

What association was Grandmaster Shin representing when he first came to the US?

Hyungs

Who reorganized Jae Nam into the Pyung Ahn forms?

When did Grandmaster Shin create the Sae Kye Hung forms?

Know the correct number of counts and moves for all of the forms.

What is the original name of Bassai?

What are the differences between the Sae Kye Hungs and the earlier Ki Cho Hyungs?

Dae Ryun

What is the purpose of the one-steps?

What are the differences between Ill Soo Sik and Sam Soo Sik?

Know what techniques are used in in each one step and self-defense technique.

Terminology

Korean	English
Kwan Soo Kong Kyuck	Spear hand punch
Hu Kul Sang Dan Mahk Ki	High block, fighting stance
Kwanjul Kwan	Full knuckle fist
Yup Poto Oly Ki	Side stretch kick
Ha Dan Soo Do Mahk Ki	Low knife hand block
E Dan Dwi Tollyo Cha Ki	Jump spinning back kick
Dwi Hu Ryo Cha Ki	Wheel kick
Chok Do Chi Ru Ki	Push Kick
Choong Dan Yup Mahk Ki	Side defense
Cchik Ki	Axe kick
Bahl Mok Cha Ki	Ankle sweep kick
Phakeso Ahnu Ro Cha Ki	Outside/Inside kick
Han Bahl Ja Seh	One leg stance
Ssang Soo Ha Dan Mahk Ki	Low two hand X block
Kyo Cha Rip Ja Seh	Cross leg stance
Nae Kong	Internal power exercise
Shim Sa Kwan Nim	Examiner
Jo Kyo Sah Nim	Instructor Trainee
Chung Shim	Balance
Him	Power force
Ki Cho Woon Dong	Basic techniques exercise
Shim Kong	Spiritual power exercise
Jok Ki	Kick techniques
Shi Sun	Focus of eyes
Ko Hwan	Groin
Ku Ryung E Mat Cho So	By the count
Ko Map Sum Ni Da	Thank you
Kyum Son	Humility
Bahl Doong	Instep
Chung Shin Tong Il	Concentration