

AMERICAN TOP TEAM - WESTON



Classes	MON	TUES	WED	THURS	FRI	SAT
Little Ninjas (Ages 3-4)	4:00pm Brazilian Jiu Jitsu	4:00pm Muay Thai	4:00pm Sub. Grappling	4:00pm Muay Thai	4:00pm Brazilian Jiu Jitsu	10:00am Wrestling
Little Ninjas ADV (Ages 5-7)	4:45pm Brazilian Jiu Jitsu	4:45pm Muay Thai	4:45pm Sub. Grappling	4:45pm Muay Thai	4:45pm Brazilian Jiu Jitsu	10:30am Wrestling
Jr. Samurai (Ages 8-11)	5:45pm Brazilian Jiu Jitsu	5:45pm Muay Thai	5:45pm Sub. Grappling	5:45pm Muay Thai	5:45pm Brazilian Jiu Jitsu	
Young Samurai (Ages 12-15)	7:00pm Brazilian Jiu Jitsu	5:45pm Muay Thai	7:00pm Sub. Grappling	5:45pm Muay Thai	7:00pm Brazilian Jiu Jitsu	
Competition Team Only		7:00pm Brazilian Jiu Jitsu		7:00pm Sub. Grappling		10:30am Wrestling Conditioning

ATT WESTON OFFICIAL SCHEDULE

KIDS PROGRAM SCHEDULE

Our classes are all designed with your specific goals and needs in mind, offering classes for adults and children at all levels. Come visit our school, meet our instructors, and talk to some of our students. We are confident you'll appreciate the high quality instruction we offer!

We have carefully gathered a team of black belt instructors who are highly skilled in their individual disciplines, ensuring you will receive the highest quality instruction.



ATT WESTON

2750 Glades cir
suite 300
WESTON, FL 33327

Phone 954-349-4900
Email info@westonatt.com

ABOUT OUR CLASSES

KIDS MARTIAL ARTS

Whether or not your child is athletic, they'll feel right at home in our Weston Kids Martial Arts classes. That's because every child here is encouraged to go at his own pace. That's one of the reasons lots of kids prefer martial arts over team sports. There's no competition. Just encouragement, growth and development. Kids learn focus, respect, goal setting and more. And martial arts is a full body workout too - helping kids get fit & healthy..

SUMMER CAMP

Summer's coming. BUT, you still want your child to experience enriching, growing activities. And of course, you want them to have fun too. Well, our martial arts summer camp has you covered on both counts...

Kids learn powerful life skills like discipline, respect, focus and more. And they learn these skills in a positive, supportive environment. And of course... kids have a TON of fun too! Every day is full of games, learning, and activities that has them smiling from ear to ear. Call us now for more info and to sign your child (or children!) up today!

HOURS

8:00am - 9:00pm